## 2019 CALENDAR OF PERFECT HEALTH

| JANUARY | FEBRUARY | MARCH | APRIL |
| :---: | :---: | :---: | :---: |
| Perfect Health <br>  <br> Restore), 28-February 2 <br> Carlsbad, CA | $\begin{aligned} & \text { Perfect Health } \\ & \text { 11-16, 18-23, } 25 \text {-March } 2 \\ & \text { Carlsbad, CA } \end{aligned}$ | Perfect Health <br> 4-9, 11-16, 18-23 (Wisdom Within) Carlsbad, CA | Perfect Health <br> 1-6, 8-13, 25, 17-19 (Rest \& Restore), <br> 22-May 1 (10 Day) <br> Carlsbad, CA |
| MAY | JUNE | JULY | AUGUST |
| Perfect Health <br> 6-11, 13-18, 27-June 1 <br> Carlsbad, CA | Perfect Health ```3-8, 10-15, 17-19 (Rest & Restore), 24-July 3 (10 Day) Carlsbad, CA``` | Perfect Health 15-17 (Rest \& Restore), 29-August 3 Carlsbad, CA | $\begin{aligned} & \text { Perfect Health } \\ & 5-10,12-17,19-24,26-31 \\ & \text { Carlsbad, CA } \end{aligned}$ |
| SEPTEMBER <br> Perfect Health <br> 2-7, 9-11 (Rest \& Restore), 16-21, <br> 30-October 5 <br> Carlsbad, CA | OCTOBER <br> Perfect Health 14-19, 21-23 (Rest \& Restore), 28-November 6 (10 Day) Carlsbad, CA | NOVEMBER <br> Perfect Health <br> 11-16, 18-23 (Wisdom Within) <br> Carlsbad, CA | DECEMBER |

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