



HIGH PERFORMANCE JUNIOR TENNIS ACADEMY

Offered Mondays, Wednesdays and Thursdays from 4pm - 6pm

Ages 10+, Invitation Only

This program is designed for dedicated tournament players. Our High Performance program conditions all areas from fitness, conditioning and mental toughness to point play, live ball drilling, play patterns, match play and technique adjustments. Participants learn to incorporate power and different spins into their shot making. Shot patterns, proper footwork, offensive and defensive strategy will improve through drilling as well as supervised match play. Participants must understand rules and etiquette for matchplay, as this is a large aspect of our program. Private lessons are recommended at this level as each individual begins to develop his or her own playing style.

2025 Winter/Spring Sessions:

1: January 6th- February 22nd

2: *February 24th - April 19th

3: April 21st - June 7th

(7 week sessions) *No classes April 7th - 13th due to spring break

Mondays, Wednesdays or Thursdays

Members: \$300 Non Members: \$375

2 Days Per Week

Members: \$525 Non Members: \$600

3 Days Per Week

Members: \$675 Non Members: \$750

Register on the App:

Director of Racquets, **Bryce Cunningham**
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Junior Program Director, **Norman Nguyen**
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CLIFF DRYSDALE TENNIS

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